

The Ageless Self

The Ageless Self Through Japanese Eyes Towards a Medical Anthropology of Ageing When Near Becomes Far Performing Age in Modern Drama Aging and Loss The Ageless Self Aging, the Individual, and Society Home and Identity in Late Life Changing Perceptions of Aging and the Aged Aging, the Individual, & Society Aging, the Individual, and Society Activity and Aging Roads Home Cultural Gerontology The world-mystery, 4 essays The Christian Science Journal Invisible Kin Foucault and Aging Bibliographic Guide to Education Sharon R. Kaufman Yohko Tsuji Miguel Kottow Mira Balberg Valerie Barnes Lipscomb Jason Danely Halli Alton Susan Hillier Graham D. Rowles Dena Shenk Georgia M. Barrow Susan M. Hillier John R. Kelly Kathryn D. Cramer Lars Andersson George Robert Stow Mead Rene D. Somera Jason L. Powell

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among the many studies of aging and the aged there is comparatively little material in which the aged speak for themselves in this compelling study sharon kaufman encourages just such expression recording and presenting the voices of a number of old americans her informants tell their life stories and relate their most personal feelings about becoming old each story is unique and yet presented together they inevitable weave a clear pattern one that clashes sharply with much current gerontological thought with this book sharon kaufman allows us to understand the experience of the aging by listening to the aged themselves kaufman while maintaining objectivity is able to draw an intimate portrait of her subjects we come to know these people as individuals and we become involved with their lives through their words we find that the aging process is not merely a period of sensory functional economic and social decline old people continue to participate in society and more important continue to interpret their participation in the social world through themes constructed from these stories we can see how the old not only cope with losses but how they create new meaning as they reformulate and build viable selves creating identity kaufman stresses is a lifelong process sharon kaufman s book will be of interest and value not only to students of gerontology and life span development and to professionals in the field of aging but to everyone who is concerned with the aging process itself as sharon kaufman says if we can find the sources of meaning held by the elderly and see how individuals put it all together we will go a long way toward appreciating the complexity of human aging and the ultimate reality of coming to terms with one s whole life

introduction anthropology cultural values and aging activities as value at lake district senior center elders supporting each other to help themselves networking at lake district senior center post retirement housing and living arrangements who supports older americans families self and other sources temporal complexity in older americans lives changes and continuities over thirty years of research conclusion challenges and hopes in the new frontier of aging

the proportion of people over 65 is substantially increasing and will continue to do so in the coming decades societies are concerned about the depletion of pension funds and austere fiscal plans that are unable to subsidize the basic care protection and needs of their growing elderly populations gerontology is rapidly becoming a burgeoning research discipline that studies multiple aspects of human ageing leading to top down social policies that ineffectually address the significant needs of aged persons geriatric medicine has also expanded attempting to medicalize the ageing process into a disease free stage of healthy ageing ageing itself this book argues however is not a disease per se and should not be medicalized in an era of uncertain medical expectations and unfulfilled social care of the ageing this book presents an anthropological view that focuses on three essential and transcendental conditions of human life that become vulnerable with advancing age namely relating to others being in the world and leaving a mark or legacy in the world

when near becomes far explores representations and depictions of old age in the rabbinic jewish literature of late antiquity 150 600 ce each chapter focuses on a different aspect of aging in the rabbinic world bodily appearance and sexuality family relations intellectual and cognitive prowess honor and shame and social roles and identity the book shows that ancient rabbinic texts offer rich and moving observations on aging many of which are still relevant today

this book is the first to examine age across the modern and contemporary dramatic canon from arthur miller and tennessee williams to paula vogel and doug wright all ages across the life course are interpreted as performance and performative both on page and on stage including professional productions and senior theatre groups the common admonition act your age provides the springboard for this study which rests on the premise that age is performative in nature and that issues of age and performance crystallize in the theatre dramatic conventions include characters who change ages from one moment to the next overtly demonstrating on stage the reiterated actions that create a performative illusion of stable age moreover directors regularly cast actors in these plays against their chronological ages lipscomb contends that while the plays reflect varying attitudes toward performing age as a whole they reveal a longing for an ageless self a desire to present a consistent unified identity the works mirror prevailing social perceptions of the aging process as well as the tension between chronological age physiological age and cultural constructions of age

by 2030 over 30 of the japanese population will be 65 or older foreshadowing the demographic changes occurring elsewhere in asia and around the world what can we learn from a study of the aging population of japan and how can these findings inform a path forward for the elderly their families and for policy makers based on nearly a decade of research aging and loss examines how the landscape of aging is felt understood and embodied by older adults themselves in detailed portraits anthropologist jason danelly delves into the everyday lives of older japanese adults as they construct narratives through acts of reminiscence social engagement and ritual practice and reveals the pervasive cultural aesthetic of loss and of being a burden through first hand accounts of rituals in homes cemeteries and religious centers danelly argues that what he calls the self in suspense can lead to the emergence of creative participation in an economy of care in everyday rituals for the spirits older adults exercise agency and reinterpret concerns of social abandonment within a meaningful cultural narrative and by reimagining themselves and their place in the family through these rituals older adults in japan challenge popular attitudes about eldercare danelly's discussion of health and long term care policy and community welfare organizations reveal a complex picture of japan's aging society

are you ready to embrace a vibrant and fulfilling senior life the relentless march of time doesn't have to mean a decline in well being in the ageless self a senior's guide to well being discover a practical and empowering roadmap to navigate the joys and challenges of aging with grace vitality and a renewed sense of purpose this insightful guide moves beyond the typical advice on healthy eating and exercise delving into the deeper aspects of well being that contribute to a truly fulfilling life in your golden years we understand that aging is a multifaceted journey and this book addresses the physical emotional social and spiritual dimensions to help you create a life rich in meaning and satisfaction the ageless self provides you with actionable strategies and inspiring insights to help you thrive in your later years this isn't just about surviving it's about celebrating this new chapter with confidence and joy here's what you'll discover mastering the art of mindful aging learn techniques

to cultivate inner peace and manage stress effectively regardless of life's challenges strengthening your social connections explore practical strategies for building and maintaining meaningful relationships that combat loneliness and enhance your sense of belonging embracing lifelong learning discover the transformative power of continuous learning and personal growth ensuring your mind stays sharp and engaged navigating health and wellness gain valuable insights into managing common health concerns and adopting healthy habits to support your physical and mental well-being finding purpose and meaning unearth your passions and discover new ways to contribute to your community and leave a lasting legacy planning for a secure and fulfilling future gain confidence in navigating financial legal and healthcare considerations as you age the ageless self is your comprehensive guide to a vibrant and fulfilling senior life it's time to redefine what it means to age gracefully to live with purpose joy and an unwavering sense of self order your copy today and embark on a journey towards a truly ageless self

this accessible text brings a social problems approach to the interdisciplinary study of gerontology academic research is combined with an empathetic view of the lives of older people to involve students emotionally and intellectually

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on different perceptions of aging

this successful student friendly text brings a social problems approach to the interdisciplinary study of gerontology academic research is combined with an empathetic view of the lives of older persons to involve students emotionally and intellectually it retains popular old is news chapter introductions this edition includes more on the oldest old religion and uses more graphs charts and maps to present data

in the coming years understanding senior citizens will be more important than it's ever been are you ready aging the individual and society introduces you to gerontology in a compassionate way that helps you understand them and know how to work with them it's balanced between academic and practical discussions and packed with study tools that way you'll ace the class and be ready for the future

in this volume leading contributors from both gerontology and leisure studies discuss the importance of various kinds of activity to health social integration and the quality of later life each chapter discusses the history of research and theory on a specific issue current formulations and some implications for the future the volume addresses such issues as productivity social bonding persistence in exercise and specific activities in retirement communities and senior programmes

conducts a journey of self renewal that integrates mental physical and spiritual aspects of fulfillment

many disparate academic political and social issues fall under the umbrella of cultural gerontology and this volume brings them together and challenges mainstream gerontology

this book is concerned with demonstrating the relevance and application of Michel Foucault's work to an understanding of human ageing the diverse range of arguments in the book identifies the ways in which ageing has been organised shaped and positioned through both knowledge systems and social processes which impinge on the social construction of ageing whilst there has been an escalating

array of fields influenced by Foucault's work ageing has been under theorised indeed the wide subject matter of Foucault's scholarly work has developed path breaking yet critical perspectives on psychiatry medicine punishment crime and sexuality the essence of this particular book is that it raises the question of what gerontology as a discipline can learn from Foucauldian approaches this international volume demonstrates that deployment of Foucauldian theory to gerontological contexts has facilitated disruptions and ruptures of both the meta narratives inscribed within gerontology as both discipline and policy and the ontological status of its subjects

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