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this new book plant and marine based phytochemicals for human health attributes potential and use provides insight with scientific evidence on the use of medicinal plants in the treatment of certain diseases it describes bioactive compounds of marine and plant origin that have been discovered to be advantageous for human health shedding new light on the potential of phytochemicals on human health and contributing to the ocean of knowledge on phytochemistry and pharmaceutical biology in addition the role of plant based pharmaceuticals is also discussed as an example of innovative uses of plant product this book addresses the importance of phytochemicals from plants and marine life it divided in four parts bioactive compounds in medicinal plants status and potential plant based pharmaceuticals in human health review therapeutic attributes of mushroom cereal grains and legumes innovative use of medicinal plants this compendium will be useful for the students and researchers as well as for industry professionals

working in the food nutraceuticals and herbal industries

xcode is apple s integrated development environment ide interface builder and other tools for helping app developers and coders to build iphone and ipad apps more efficiently and quickly beginning xcode aims to get you up and running with apple s latest xcode 5 and includes a wide variety of exciting projects to build programming experience with ios sdk and objective c but want a more in depth tutorial on xcode then beginning xcode is for you the book focuses on the new technologies tools and features that apple has bundled into the new xcode 5 to complement the latest ios 7 sdk you ll learn how to build ios apps using the latest xcode how to get started with xcode using workspaces interface builder storyboarding tables collection views and more how to dive deeper into xcode using advanced searches filtering advanced editing debugging and source control how to take advantage of xcode s vast libraries frameworks and bundles how to create exciting interactive apps for iphone or ipad using sprite kit map kit and other apple technologies how to share your app using organizer localization auto layout and more by the end of this book you ll have all of the skills and a variety of examples to draw from to get your very first app out the door using xcode maybe you ll even sell it on apple itunes app store

the an instant series provides fast focused visual learning on core tasks

learn photoshop basics by following step by step exercises and sample projects readers will learn how to work with channels masks and layers scan and print import files work with color and apply filters includes an 8 page color insert that showcases photoshop artwork

aquatic plants pharmaceutical and cosmetic applications provides a concise description of popular aquatic plants found across the globe the chapters in this beautifully illustrated full color book focus on the aquatic species native to specific continents written by a global team of experts this book explains the distribution ethnobotanical uses genome sequencing chemical compounds and biological activity of these plants and addresses the cultivation and sustainable production of aquatic and wetland plants features describes the biological activity of a large collection of aquatic plants color photographs highlight each plant s ethnobotanical characteristics and structural formulae show their chemical constituents contributions come from leading scientists from countries including the united states india mauritius south africa and cyprus aquatic plants pharmaceutical and cosmetic applications is a valuable resource for academics conducting research on aquatic plants and for professionals in the pharmaceutical and cosmetic industries who are involved with the therapeutic applications of these plants and their sustainable usage

the adobe indesign guide is the how to reference that explains to content creators and output professionals the hundreds of design and production features of adobe s newest

page layout application the chapters are packed with production design and troubleshooting tips tutorials with real world advice and practical information on indesign s integration with other adobe products as well as how this application bridges design to real world production

digital collage and painting proudly showcases the work of twenty one talented digital artists each artist walks you through the creation of a piece of their art and lets you in on their secrets about equipment software favorite papers and how their creative process begins the artists included are audrey bernstein paul biddle leslye bloom stephen burns luzette donohue katrin eismann paul elson steven friedman ileana frommeta grillo bill hall julianne kost rick lieder bobbi doyle maher ciro marchetti lou oates cher threinen pendarvis james g respass fay sirkis jeremy sutton maggie taylor pep ventosa

step by step instructions and hundreds of illustrations walk readers through the toughest upgrades and repairs with 650 pages of user friendly information a troubleshooting section features questions most computer tech support people encounter

in the book color psychology uses in marketing decoding the palette of consumer behavior we delve deep into this captivating realm uncovering the intricate connections between color and consumer responses color psychology uses in marketing serves as an indispensable guide for marketers designers and business professionals seeking to harness the power of color to drive sales enhance brand perception and create memorable customer experiences with practical insights actionable strategies and illuminating examples this book equips readers with the knowledge and tools needed to wield the palette of consumer behavior effectively in the dynamic world of marketing

this book introduces beginning users to the next version of photoshop the world s most popular image editing application it uses a beginner friendly format consisting of concise text combined with many conceptual illustrations and generously captioned screen shots more than 500 oversized screenshots are featured in color

it s easy to capture packets with wireshark the world s most popular network sniffer whether off the wire or from the air but how do you use those packets to understand what s happening on your network updated to cover wireshark 2 x the third edition of practical packet analysis will teach you to make sense of your packet captures so that you can better troubleshoot network problems you ll find added coverage of ipv6 and smtp a new chapter on the powerful command line packet analyzers tcpdump and tshark and an appendix on how to read and reference packet values using a packet map practical packet analysis will show you how to monitor your network in real time and tap live network communications build customized capture and display filters use packet analysis to troubleshoot and resolve common network problems like loss of connectivity dns issues and slow speeds explore modern exploits and malware at the packet level extract files sent across a network from packet captures graph traffic patterns to

visualize the data flowing across your network use advanced wireshark features to understand confusing captures build statistics and reports to help you better explain technical network information to non techies no matter what your level of experience is practical packet analysis will show you how to use wireshark to make sense of any network and get things done

the book that solves problems that cost photoshop users money photoshop 5 5 professional results is a practical results oriented guide to using photoshop to edit manipulate images for use in print and on the

from digital graphics guru deke mcclelland comes a whole new way to learn photoshop the high end image manipulation software from adobe in this one of a kind reference deke uses hundreds of annotated images and sharply focused text to get you up and running fast with photoshop 6 open the book take a look and learn how to paint retouch draw vector shapes create and modify layers define channels and masks create and apply layer styles adjust and correct colors apply filters and effects play and record actions prepare cmyk images save for the web

wireless technologies continue to evolve to address the insatiable demand for faster response times larger bandwidth and reliable transmission yet as the industry moves toward the development of post 3g systems engineers have consumed all the affordable physical layer technologies discovered to date this has necessitated more and optimized utilization of available wireless resources wireless communications resource management lee park and seo cover all aspects of this critical topic from the preliminary concepts and mathematical tools to detailed descriptions of all the resource management techniques readers will be able to more effectively leverage limited spectrum and maximize device battery power as well as address channel loss shadowing and multipath fading phenomena presents the latest resource allocation techniques for new and next generation air interface technologies arms readers with the necessary fundamentals and mathematical tools illustrates theoretical concepts in a concrete manner gives detailed coverage on scheduling power management and mimo techniques written by an author team working in both academia and industry wireless communications resource management is geared for engineers in the wireless industry and graduate students specializing in wireless communications professionals in wireless service and device manufacturing industries will find the book to be a clear up to date overview of the topic readers will benefit from a basic undergraduate level understanding of networks and communications course instructors can access lecture materials at the companion website wiley.com/go/bglee

the final cut is only the beginning the 5 5 release of adobe s comprehensive compositing and visual effects tool offers an unparalleled range of special effects options to the digital video maker with new 3d tools brand new effects and increased productivity and workflow management after effects 5 5 is the last word in creating stunning visual

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take your photoshop skills to the next level users who already know photoshop basics will love this colorful step by step guide to new tricks and techniques filled with beyond the essentials techniques that show how to take your photoshop skills to the next level it is lavishly illustrated with beautiful photos that inspire you to experiment numbered step by step instructions make the techniques easy to learn and this edition delves into all the capabilities of photoshop cs6 learn to get your images noticed users who already familiar with photoshop basics can expand their skills with these creative original techniques features numbered step by step instructions illustrated with full color screen shots and beautiful photos helps you take your skills to the next level and add wow to your images veteran author is a well traveled photographer and skilled photoshop technician who has served as a demo artist for computer graphics software photoshop cs 6 top 100 simplified tips tricks helps you expand your skills and enhance your photos

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with a hands on structure this book provides information to accomplish the tasks that are likely to arise as users work with photoimpact the focus is on the things that users want to do when they buy photoimpact or when they find it included with their new hardware purchase the official guide includes a fully functioning 30 day trial of the software on the cd and also include the project files from the book animation sequences and filter effects the images on the cd show off photoimpact s lighting effects fireworks lens flares spotlight and comets as well as the type effects glass metal fire and ice and the particle effects which include snow rain stars bubbles and fireflies the cd also shows how these effects can be used in animation the book also notes when a photoimpact feature is analogous to a photoshop or fireworks or photo paint feature

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